

TRAVEL INFORMATION – HOW TO GET TO THE VIPASSANA COURSE IN HOTEL SRDCE BESKYD

Address: Horský hotel SRDCE BESKYD, Podolánky 461, Čeladná 739
12. Tel: +420 558 637 436.

Hotel Srdce Beskyd ('the Heart of Beskydy') is located in the region of Moravia-Silesia, approximately 45 km south of Ostrava, in the protected area of Beskydy Mountains near the border with Slovakia.

Please, plan your trip accordingly, so that you arrive in time (between 1 PM and 5 PM). Also, be aware that there is no cell-phone reception or public internet access at the hotel and around it.

BY CAR

From Prague it takes about 4-5 hours (400 km), from Brno 2,5 hours (200 km), from Olomouc 2 hours (120 km) and from Ostrava less than an hour (45 km).

For detailed trip description please visit www.mapy.cz and type in „Hotel Srdce Beskyd“. The best route is via Frýdek-Místek, Frýdlant, Čeladná and from there to Podolánky. When you reach Čeladná (the road number 483), turn south towards Podolánky and follow the valley along the river Čeladenka. The road leads directly to the hotel where it ends. Plenty of parking is available. The distance to the hotel from Čeladná is approximately 12 km.

IMPORTANT:

It is not at all easy to get to the hotel by public transportation. Therefore, if you have a seat /seats available in your car and are willing to give a ride to the course to other participant/s, please register at: <http://rides.server.dhamma.org/cz/> Thank you!



BY TRAIN / BUS

The train station in Čeladná is serviced by many trains. More about connection details at: www.idos.cz.

From Prague or Olomouc the best option is to use one of the convenient fast trains to Ostrava (Regiojet, Leo Express or České dráhy) and from there to continue by a passenger train to Čeladná. From Brno you can use the bus operated by Student Agency, which leaves from Hotel Grand opposite the train station and goes to Frýdek-Místek (you can board the same bus in Olomouc and Nový Jičín also). In Frýdek-Místek you will then need to change to a passenger train to Čeladná.

In Čeladná right next to the train station there is a bus stop (called „Čeladná, železniční stanice“). A bus leaves from here at **3:11 PM** to the stop „Čeladná, Podolánky, Jednota“. It is the last stop and from there you will walk about 1,3 km to the hotel, see below.

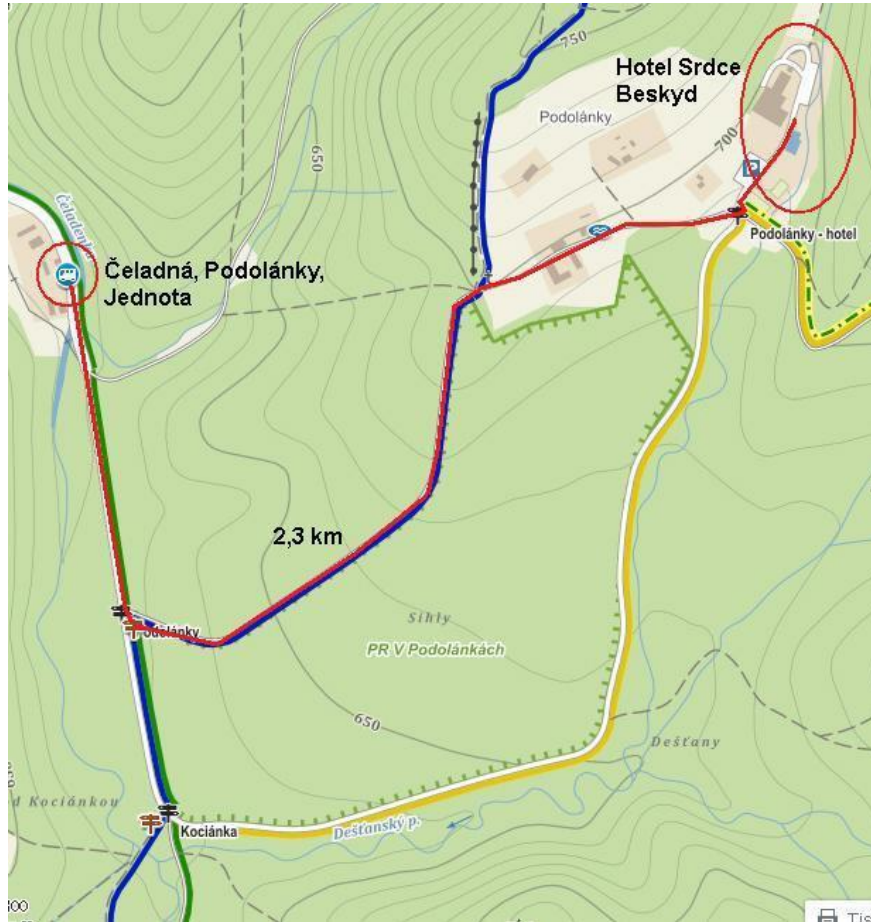
You can also use an earlier bus connection at **12:22 PM**. This bus DOES NOT pass by the train station and leaves from the stop „Čeladná, hotel Prosper“, which is located in the center of Čeladná (about 700 m from the train station – see map below). This bus starts in Frýdlant nad Ostravicí and terminates again at „Čeladná, Podolánky, Jednota“, from where you have to walk to the hotel.

Please, take note that these two buses are the only public transportation options. Therefore, plan your trip accordingly, so that you catch one of them and arrive in time at the hotel. Alternatively, we recommend that students try to use rideshare to the course. See below. Thank you!



WALKING TO THE HOTEL FROM THE BUS STOP IN PODOLÁNKY

Get off the bus at the final stop („Čeladná, Podolánky, Jednota“), continue for about 500 m further along the main road (green hiking mark) and then turn left and follow the blue hiking mark (direction of Polana – rozcestí). After about 1,3 km the blue mark will turn left onto a path, however you will stay on the road and walk another 500 m to the hotel Srdce Beskyd.



TAXI

To get from Čeladná to the hotel you can also take a taxi. The rate is 20 CZK/km (the trip from the train station in Čeladná to the hotel should cost about CZK 300,-). The phone number for the taxi company is +420 603 720 357. More at: <http://www.taxiceladna.cz/>

If you know that your train arrives in Čeladná later and you will not be able to catch the bus at 3:11 PM, let us know via the registration email and we can arrange the taxi for you; depending on the number of people we might order a larger vehicle also. The students would then share the cost among themselves.

RIDESHARE

If you are able to offer a ride to another student or need a ride to the course, you can register at: <http://rides.server.dhamma.org/cz/>